

Beyond Reading Book Club

Thursday, September 17 @ 7pm

The Body in Question by Jill Ciment

Thursday, October 15 @ 7pm

Against the Wind by Jim Tilley

Thursday, November 19 @ 7pm

Red at the Bone by Jacqueline Woodson

Year of Wonders

Historical Fiction Book Club

Thursday, September 10 @ 10:30am

The Paragon Hotel by Lyndsay Faye

Thursday, October 8 @ 10:30am

Time After Time by Lisa Grunwald

Thursday, November 12 @ 10:30am

Shadow of the Wind by Carlos Ruiz Zafon

NEW! Best Lives Book Club

Monday, October 19 @ 7pm

Self-Compassion by Dr. Kristin Neff

Monday, November 16 @ 7pm

Barking Up the Wrong Tree by Eric Barker

This book club aims to begin a discussion around how we achieve happiness, success, and finding a purpose in life that is unique to us. Starting with the theme of self-compassion, we'll explore the societal expectations that drive us, common misconceptions, and some of the very real negative outcomes worth avoiding. It will also offer parents lots of great ideas for helping kids along the way. This book club is also being held at the Mark Twain Library in Redding and residents are welcome to participate in either club. The times and dates will differ from those offered at the Easton Library.

Career Coaching Consultations

Thursday, September 24 from 6-8pm

Wednesday, October 14 from

10am-12pm

Thursday, November 19 from 6-8pm

Are you a job seeker? Thinking about a career change? Looking for job search tips? Wanting guidance on your resume or LinkedIn profile? Register for a 30-minute one-on-one confidential consultation with Career Coach and Easton resident Cathy Alfandre. Bring your resume if you have one.

Easton Yarnsmiths

Wednesdays from 4-5pm

Join us for an hour of knitting and crocheting! Adults who have some familiarity with yarn crafts or those who are seasoned crafters are welcome to attend. Each meeting will be an opportunity to work on personal and/or group projects, share techniques, ask questions, and socialize.

At Home Learning

Monday, September 14 @ 7pm

Join Linda Hincks, a 20-year veteran of homeschooling, for an evening of conversation and information as she addresses many of the questions families will have this school year, whether their children are distance learning, following a hybrid model, or homeschooling. Linda's presentation will also help families to understand the laws that pertain to homeschooling in Connecticut. She will offer insight on how to pick curricula for your family, and guidance on what learning from home can look like.

Easton Public Library



Virtual Programs for Adults Fall 2020



691 Morehouse Road
Easton, CT 06612
203-261-0134
www.eastonlibrary.org

Library Hours
Monday-Friday 10-5
Saturday 10-3

To register for any of these programs (and receive the Zoom link), please visit <https://www.eastonlibrary.org/calendar-list>.

**Art Reception for
Ellen Tresselt and Larry Morse:
Diverse Perspectives**

Saturday, September 12 from 4-5pm

Join us for a reception via Zoom to celebrate Ellen's "Works on Paper" collage art and Larry's "Black Men Reading" painting exhibit. These exhibits will be on display in the Library Community Room and Glass Display Case from September 8 through October 15.



Art Reception for Harvey Paris

Thursday, October 22 from 7-8:30pm

Join us for "The Carver and the Rabbi," a Zoom session, to celebrate Re-Boot, an exhibit featuring the works of nationally recognized carver, Harvey Paris. This exhibit will be on display in the Library Conference Room and Glass Display Case from October 16 to November 30. The carvings trace the awakening and evolution of the human search for Spirituality. In addition to Spirituality, the Re-Boot exhibit also addresses contemporary issues of social consciousness such as Black Lives Matter, Global Warming and the Global Pandemic. The Zoom session will feature artistic thoughts from the artist as well as spiritual observations from Rabbi Barbara Paris.

SAVE THE DATE!
Friends of the Library
Annual Book Parade
Saturday, October 24
Details to follow

**How to Avoid the Paycheck to
Paycheck Culture**

Monday, September 21 @ 7pm

In this financial literacy program aimed at young adults, Kristen Jacks, the author of *Money in Your Twenties*, tackles two trouble spots: tax ignorance and overspending. This program is perfect for recent graduates and their parents or anyone interested in avoiding the paycheck to paycheck culture. Kristen Jacks is a financial educator who studied financial planning at Boston University's Center for Professional Education. She is a graduate of Duke University.



Maximizing Retirement Benefits

Wednesday, September 30 @ 6pm

AAA Retiree Program will present a virtual program on Maximizing Your Social Security Benefits. Register at <https://aaaretire.com/events/social-security-and-retirement-maximization-co-sponsored-by-the-easton-public-library-2/>

Night of a Million Laughs

Wednesday, September 23 @ 7pm

Join comedian Matt Austin (Upright Citizens Brigade Theater, Sea Tea Comedy) as he brings together the area's best improvisers for a night of *Whose Line Is It Anyway?*-style comedy based on YOUR suggestions. **Co-sponsored by the Brookfield Library.** **This program is for teens and adults.**

Gentle Yoga/Meditation (All Ages)

Saturday, October 3 @ 11am

Reconnect your mind/body/spirit. Certified Yoga Instructor Susan Colette will guide us, via Zoom, through 45 minutes of gentle yoga and 15 minutes of meditation. Participants of all ages and abilities are welcome.

Author Talk – Alisha Gorder

Thursday, October 8 @ 7:30pm

Join us for an interview with Easton author Alisha Gorder, who will discuss her newly published book, *Joy: A Modern Fable*. The cover art for the book was created by Alisha's daughter and JBHS student Anya Gorder. The book's themes are positivity and interconnectedness.



Author Talk – Shari Butler

Wednesday, October 21 @ 11am

Easton author Shari Butler will join us to discuss her latest book, *Making Love to Your Moments: How to Love Yourself and Your Life*. This book shows us how to use mindfulness to love ourselves, which is an investment in our health and well-being. Butler is also the author of *Becoming Myself: Living Life to the Fullest After Losing Your Parents*.

